

Event Schedule

Location:

United Sports Training Center 1426 Marshalton Thorndale Road Downingtown PA

Schedule of Events:

Tuesday June 23

Eastern PA Y Girls Gymnastics League Set Touch Sessions 10:00 and 12:30 Registration Open from 5pm to 8pm (The Hill School Room)

*Coaches will register their teams, pick up the gymnast goody bags, credentials and tickets ordered by each gymnasts and their family---Tickets will not be sent to teams, they must be picked up at registration.

GymNova Equipment Q & A-- 6pm and 7pm (The Liberty Gym)

*GymNova will have 2 Q & A information meetings to discuss setting of equipment and hands on demonstrations for Coaches

*FYI...GymNova will be selling the equipment off the floor at discounted prices, if you are in the market for equipment this may be a great opportunity.

Wednesday June 24

Registration Open from 8am to 12pm (The Hill School Room)

Equipment Set Touch 8 am- 2 pm

*Schedules are posted on the web site, please arrive 30 minutes prior to your scheduled time for stretch and be prompt for your session. We have allocated 2 hours for set touch this year ensuring enough time for gymnasts and coaches to familiarize themselves with the equipment

Coaches Meeting at 2:30-3:30 (Awards Area)

3:00 Gymnasts Arrival Time for Line up on Turf Field 2

3:45 Opening Ceremonies March in begins

5:00-8:00 "Philly" Fun Games and Food

Thursday June 25, 2009

Life. Liberty. **GYMNASTICS**

*Competition Level 4 through Championship

*Consult your schedule or the web site for your teams times and location

Friday June 26, 2009

*Competition Level 4 through Championship

*Consult your schedule or the web site for your teams times and location

**Boys will compete on Friday evening

Saturday June 27, 2009

8am Competition Level 4 and Level 5 with awards to follow

8am Level 8 Finals

12:00-12:30 Championship Stretch in the Valley Forge Area

12:30-1:30 Championship Event Finals Set Touch in Liberty Gym

2:00 Closing Ceremonies Begins

*** March in of Championship Event Final Competitors with Introductions by the Masters of Ceremonies, Raj Bashavar and Courtney Kupets**

***Boys All Around Winner Individual Event Exhibitions**

4:30 Temple Men's Gymnastic Team Exhibition with Special Appearance by the 76ers Mascot HIP HOP and the Hair Raisers

5:00 Raffle Winner Announcements

5:15 Level 8 and Championship Awards Ceremony